

tosa yoga LLC

BE HAPPY. ENJOY YOGA.

For proper registration, please complete the sign-up sheet and send it with your payment. Your registration is complete once your payment is received. You will only be contacted if the class you register for is full.

Please make check payable to: Tosa Yoga, LLC

Mail payment along with your registration form to:

Tosa Yoga, LLC • 6428 W. North Ave. • Wauwatosa, WI 53213.

Or, drop off your registration form with payment at our Studio! Please use the mail slot in the back door (east side of building). Questions? Please call 414 828 7555.

Important Class Information:

- Your registration is complete once your payment is received. You may register for a class through the third week at a prorated cost, however, class availability may be limited as classes do fill up early. After the third week, you may drop-in to a class for the drop-in rate of \$13.00 per class.
- Mats, props and water are provided, or you may bring your own.
- It is very important that your muscles to stay warm during a yoga practice, so the room is heated to at least 75 degrees.
- Please wear comfortable clothing and layer. Feel free to bring a small towel.
- Do not eat for about 2 hours before class.
- Make sure your cell phone is off while in class.
- You can park in front of the studio or on side streets.
- The studio will open 10 minutes prior to class - please arrive on time.
- Come with an open mind and open heart!

**Early registration is encouraged
as many classes fill up quickly!**

REGISTRATION FORM

Date: _____

Name: _____

Address: _____

City: _____

State & Zip: _____

Phone Number: _____

Email Address: _____

Name of Class: _____

Time of Class: _____

Day of Class: _____

Date Class Begins: _____

Price: \$ _____

Method of Payment (please circle): **Cash** **Check**

Gift Certificates Available!
Receive 10% OFF if you sign up for 2 or more classes!